

Spanish Tongue



- 1 beef tongue
- 1 large onion diced
- 3 stalks celery diced
- ½ green pepper diced
- 2 cans tomato sauce
- 1 small can peas
- 1 can whole mushrooms

Fry onion, celery, green pepper in a little chicken fat.
Add tomato sauce, peas, mushrooms.
Season with oregano, salt and pepper.
Bake for one hour at 350.
Serve over rice. Enjoy!