

Melts & Deli Sandwiches

<i>*Deluxe Includes French Fries or Cup of Soup</i>		Reg.	Deluxe
Grilled Patty Melt	Angus Ground Beef, Swiss Cheese and grilled Onions on Rye	7.49	8.79
Grilled Tuna Melt with Swiss Cheese	Tuna Fish Salad served warm on grilled Rye Bread with melted Swiss Cheese	7.29	8.59
Reuben on Rye	A classic combination of Corned Beef with Sauerkraut and melted Swiss Cheese on grilled Rye Bread	8.69	9.99
Turkey Reuben	A classic combination of Turkey with Sauerkraut and melted Swiss Cheese on grilled Rye Bread	8.09	9.39
Corned Beef on Rye	Hot Corned Beef on Rye	7.89	9.19

Mamas Wraps

<i>*Deluxe Includes French Fries or Cup of Soup</i>		Reg.	Deluxe
Fresh Turkey Wrap	Tender Turkey Breast with Lettuce and Tomato	6.99	8.29
Roast Beef Wrap	Thin sliced Roast Beef, Lettuce and Tomato	7.29	8.59
Chicken or Tuna Salad Wrap	Chicken or Tuna Salad with Lettuce and Tomato	6.69	7.99
Egg Salad Wrap	Freshly prepared Egg Salad	6.29	7.59
Ham & Cheese Wrap	Sliced smoked pit Ham and Cheese with Lettuce and Tomato	6.99	8.29
Chicken Caesar Wrap	Grilled Chicken Breast mixed with Romaine Lettuce and Caesar Dressing	6.99	8.29

Mamas Club Sandwiches

<i>*Deluxe Includes French Fries or Cup of Soup</i>		Reg.	Deluxe
Turkey Club	Thin sliced Turkey Breast served on three slices of bread with Bacon, Lettuce and Tomato	8.29	9.59
Chicken Salad	Chicken Salad on three slices of bread with Bacon, Lettuce and Tomato	7.99	9.29
Tuna Salad	Tuna Salad on three slices of bread with sliced Egg, Lettuce and Tomato	7.99	9.29
Ham & Cheese	Thin sliced Ham and Cheese served on three slices of bread with Lettuce and Tomato	8.29	9.59
Roast Beef	Thin sliced Roast Beef served on three slices of bread with Lettuce and Tomato	8.79	10.09

**All Above Wraps and Sandwiches Are Served With Lettuce, Tomato, Pickle and Cole Slaw*

Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase the consumer's risk of food

Breakfast Skillets

Veggie Skillet	Seasoned Potatoes with Fresh Spinach, Onions, Tomatoes, Red Roasted Peppers and Mushrooms topped with Three Eggs and Cheddar Jack Cheese	8.99
Greek Skillet	Seasoned Potatoes, Gyro Meat, Onions, Tomatoes, Feta Cheese topped with Three Eggs	9.49
Southern Skillet	Seasoned Potatoes, Sausage, Onions, Peppers, topped with Three Eggs and Sausage Gravy	9.49
Steak Skillet	Seasoned Potatoes with Peppers, Onions, Tomatoes sliced Ribeye topped with Three Eggs and Cheddar Jack Cheese	9.99

Assorted Muffin with Fruit 6.69

Breakfast Burrito 7.99

Scramble Eggs with Ham, Bacon, or Sausage, Cheddar Jack Cheese and Home Fries

Waffles, Pancakes & French Toast

Plain Waffle with Syrup	7.49
Waffle with Ham, Bacon or Sausage	7.49
French Toast with Cinnamon & Syrup	5.99
French Toast with Ham, Bacon or Sausage	7.49
French Toast with 2 Eggs any style	6.99
3 Pancakes with Syrup & Butter	5.99
3 Pancakes with Ham, Bacon or Sausage	7.49
3 Pancakes with 2 Eggs any style	6.99

Mamas Special 8.49

3 Pancakes or French Toast with 2 Eggs any style & Bacon, Ham or Sausage

Short Mamas Special 7.49

2 Pancakes or 1/2 French Toast with 2 Eggs any style & Bacon, Ham or Sausage

Mamas Special Omelets

Western Omelet	Ham, Peppers & Onions	7.99
Veggie Omelet	Roasted red peppers, onions, tomatoes, mushrooms and fresh spinach	8.29
Greek Omelet	Fresh Spinach, Tomato, Mushrooms, Onions & Feta Cheese	8.49
Taco Omelet	Seasoned Ground Beef with Melted Cheddar Jack topped with our Homemade Salsa	8.49
Corned Beef Hash Omelet		8.49
Philly Steak Omelet	Sliced Ribeye, Peppers, Onions, Mushrooms & Provolone Cheese	8.99
Spanish Omelet	Homemade Salsa includes Onions, Peppers, Mushrooms & Celery	6.99
Ham & Cheese Omelet		7.24
European Omelet	Fresh spinach, mushrooms, tomatoes, Swiss cheese topped with our homemade hollandaise sauce	8.99
Reuben Omelet	Corn Beef, Sauerkraut, Swiss Cheese	8.99
California Omelet	Avocado, Bacon, Tomatoes, Provolone	8.99

**Menu items and prices subject to change*

MAMAS KITCHEN



FAMILY RESTAURANT
OUR KITCHEN IS YOUR KITCHEN

(727) 319-4040
TAKE OUT AVAILABLE
OUTSIDE SEATING AVAILABLE

5885 Seminole Blvd.
Seminole, FL 33772



Saint Mamas was martyred c. 275 at the age of 15 in Cappadocia. He preached Christianity during his teenage years, and a lion from the fields is said to have remained with him as a companion. In iconography, his attribute is the lion.

"Striving for the best possible food and service. We are committed to quality, value and your complete satisfaction."



We pride ourselves on using only the finest ingredients in everything we prepare.

MamasKitchenSeminole.com

Soup

Homemade Soups

Cup	2.99
Bowl	3.69

Salads

	Small	Large
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Grilled Chicken Caesar Salad	8.29	9.79
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Romaine Lettuce topped with Grilled Chicken Breast

Greek Salad	7.29	9.29
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Lettuce, Tomato, Onion, Cucumber, Olives, Beets, Feta Cheese

Pepperoncini Peppers, Green Peppers & Potato Salad

Chef Salad	8.99	10.49
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Ham, Turkey, Roast Beef, Boiled Egg, lettuce, tomato, onion, cucumber,
American and Swiss Cheese with the Dressing of your choice

Chicken Salad Platter	7.49	8.99
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Tuna Salad Platter	8.99
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Small Greek Salad with Gyro Meat	9.29
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Garden Salad with Grilled Chicken Breast	8.99
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Small Greek Salad with Chicken Breast	9.29
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Southwest Salad with Chicken Breast	8.99
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Taco Salad with Chicken Breast	8.99
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Mamas Hot Sandwiches

*Deluxe Includes French Fries or Cup of Soup

	Reg.	Deluxe
Philly Cheese Steak	8.29	9.59

Sliced Ribeye with grilled Onions, Peppers, Mushrooms and Provolone
Cheese on a Amoroso Hoagie

Chicken Cheese Philly	8.29	9.59
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Strips of fresh Chicken Breast with grilled Onions, Peppers, Mushrooms
and Provolone Cheese on a Amoroso Hoagie

Grilled Chicken Breast	6.99	8.29
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Marinated fresh Chicken Breast grilled to perfection

Fish Sandwich (grilled, fried or blackened)	8.69	9.99
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Haddock Fillet served with Tartar Sauce

BLT	6.29	7.59
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Bacon, Lettuce and Tomato on your choice of White, Wheat or Rye

Grilled Cheese	5.59	6.89
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Your choice of Swiss, American or Provolone Cheese grilled to perfection

(add bacon or ham)	6.99	8.29
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Meatball Sub	7.29	8.59
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Homemade Meatballs made with a Ground Pork and Beef Blend, topped with
Provolone Cheese and Marinara Sauce

French Dip	7.59	8.89
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Thin slices of Roast Beef served on a hoagie with a cup of au jus

Chicken Santa Fe	8.09	9.39
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Grilled fresh Chicken Breast, Bacon Cheddar Jack Cheese and BBQ sauce

Chicken Parmesan	7.89	9.19
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Grilled fresh Chicken Breast, Parmesan Cheese and Marinara Sauce

Chicken Gyro	7.59	8.89
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Strips of fresh Chicken Breast on Pita Bread with Lettuce, Onions,
Tomatoes and Tzatziki Sauce

Gyro	6.99	8.29
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Tender slices of Gyro Meat on Pita Bread with Lettuce, Onions, Tomatoes
and Tzatziki Sauce

The Burger Bin - All 1/3 lb.

100% Angus Choice Beef

*Deluxe Includes French Fries or Cup of Soup

	Reg.	Deluxe
Cheeseburger	7.19	8.49

6 oz. Angus Ground Beef grilled to perfection and topped with
Cheese, Lettuce, Tomato and Pickle

Philly Burger	7.69	8.99
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Onions, Mushrooms, Peppers, and Provolone Cheese

Mushroom Cheeseburger	7.19	8.49
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6 oz. Angus Ground Beef grilled to perfection and topped with
Mushrooms, Cheese, Lettuce, Tomato and Pickle

Bacon Cheeseburger	7.49	8.79
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6 oz. Angus Ground Beef grilled to perfection and topped with
Bacon, Cheese, Lettuce, Tomato and Pickle

Hamburger	6.69	7.99
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6 oz. Angus Ground Beef grilled to perfection and topped with
Lettuce, Tomato and Pickle

Mamas Hot Open Faced Sandwiches

Served with Choice of Potato

Roast Beef	9.29
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Roast Beef served on two slices of bread topped with brown gravy

Homemade Baked Meatloaf	8.99
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Ground Pork and Beef Blend served on two slices of bread topped with brown
gravy

Fresh Roasted Turkey	8.99
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Roasted Turkey served on two slices of bread topped with homemade gravy

Fresh Baked Ham	8.99
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Smoked Pit Ham served on two slices of bread topped with gravy

Mamas Italian Specialties

Served with Soup or Salad

Chicken Parmesan with Spaghetti	10.99
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Fresh Chicken Breast, breaded, fried and topped with Provolone Cheese
served with Spaghetti and Marinara Sauce

Veal Parmesan with Spaghetti	10.99
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Lightly breaded real Veal patty, fried and topped with Provolone Cheese
served with Spaghetti and Marinara Sauce

Spaghetti with Marinara Sauce	8.29
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A healthy serving of Spaghetti topped with Marinara Sauce

Spaghetti and Meatballs	9.99
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Spaghetti served with our homemade Ground Pork and Beef Blend
Meatballs

Chicken Alfredo	11.49
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Tender strips of Chicken Breast over Fettuccine Alfredo

Eggplant Parmesan with Spaghetti	10.49
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Sliced Eggplant lightly breaded, fried and topped with Provolone Cheese
served with Spaghetti and Marinara Sauce

Homemade Lasagna	11.49
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With Italian Sausage

Entrees

Served With Choice of Potato, Vegetable and Soup or Salad

Chopped Steak with Onions	11.99
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Angus Beef smothered in Onions

2 Center Cut Pork Chops	13.49
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Two thick and tender Pork Chops

Angus Ribeye Steak	14.99
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12 oz Angus Ribeye

Ham Steak with Pineapple Ring	10.99
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Smoked Pit Ham topped with a Pineapple ring

Liver and Onions	9.99
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Fresh and tender beef liver, grilled to perfection and served with grilled
Onions

Homemade Baked Meat Loaf	10.49
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Ground Pork and Beef Blend, moist and tasty with brown gravy

Chicken Tenders	10.99
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All white meat Chicken, breaded and deep fried

Fresh Young Turkey	10.99
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Fresh white meat Turkey Breast, served with homemade Stuffing, topped
with our homemade Gravy

Roast Beef served with Au Jus	11.49
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Generous Roast Beef slices, cooked to perfection and served "au jus"

Chicken Malibu	11.49
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Grilled fresh Chicken Breast, Ham, Swiss Cheese and Pineapple Ring

Seafood Platters

Served With Choice of Potato, Coleslaw and Soup or Salad

Fried Seafood Combo	14.99
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A combination of Shrimp, Scallops, Clam Strips and Haddock fried golden brown

Fried Jumbo Shrimp	11.99
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Seven Jumbo Shrimp breaded and perfectly fried

Fried Scallops	12.99
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Sea Scallops breaded and fried

Stuffed Haddock	13.49
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Haddock Fillet stuffed with Crab Meat

Grilled Salmon	12.49
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A fresh farm raised Salmon Fillet grilled to perfection

Atlantic Cod Ala Mamas	12.49
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Atlantic Cod Fillet lightly floured, lightly seasoned and grilled

Fried Atlantic Cod	12.49
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Tender Cod Fillet battered and golden fried



*No Substitutions Please